

## Parental Control Apps for Smartphones

by Joseph Williams, LCSW

270-247-5667 - Williams Christian Counseling - [www.williamscc.org](http://www.williamscc.org)

### Both Android and i-Phone

Best Parental Control Apps 2019

<https://www.tomsguide.com/us/best-parental-control-apps,review-2258.html>

Install the Mobicip app for parents on the parent's phone and Mobicip app for teens on the teen's phone. Allows a number of setting changes and features. <https://www.mobicip.com/>

Install the Bark app on both phones - <https://www.bark.us/>

Note that sites/apps such as Reddit, Twitter, Instagram, Pinterest and others have pornographic content.

### Specific to Android

Some say that an Android phone is easier to set up to be monitored, so if your youth has an iPhone you might want to trade it in on an Android phone. How to set up an Android phone.

<https://www.cnet.com/how-to/how-to-set-up-an-android-phone-for-your-kid/>

If you don't use the Mobicip app try Mmgardian app (Android only) - With this app, you can look at the history of your youth's usage, text messages, app installation, etc. Allows for keyword setup so that in text messages if your youth texts a certain word you get notified. Slang words can be put in it. Will alert if a new app is installed. It is not expensive, can be \$4 monthly. Or you can purchase the app for additional funds. Can set an age range block only permitting access to content for ages 6-14.

If you don't use Mmgardian you might try the Family Link app for parents on the parent's phone and Family Link app for teens on the teen's phone.

Best parental control apps to keep your kids safe in 2019

<https://www.androidpit.com/how-to-make-android-phone-safe-for-kids>

How to Childproof Your Android and Make It Kid Friendly

<https://www.lifewire.com/childproof-android-4137048>

Disable video conferencing features/apps, disable the ability to load new apps, and delete all apps that youth may use for secret contact such as SnapChat and other social media.

### Specific to iPhone

Use parental controls on your child's iPhone, iPad, and iPod touch

<https://support.apple.com/en-us/HT201304>

7 parental controls you can use right now on your kid's iPhone

<https://www.cnet.com/how-to/parental-controls-you-can-use-right-now-on-your-kids-iphone/>

Disable video conferencing features/apps (i.e. Facetime), disable airdrop, disable the ability to load new apps, and delete all apps that many youth use for secret contact such as SnapChat and other social media.